

# Join Our Marathon Kids Running Club!

## WHAT IS MARATHON KIDS?

Getting kids active at a young age is game changing. These early years provide a critical window for creating a lifelong commitment to physical activity.

Marathon Kids running clubs are easy to set up and require little to no equipment. They are inclusive, allowing everyone to move and set individual goals.

## WHAT DO YOU GET?

**FUN.** A simple and effective program that gets kids moving.

**GOALS.** Opportunities for kids to learn effective goal setting.

**EXCITEMENT.** Fueling kids so they'll be active in other areas of life.

**REWARDS.** Incentives and rewards for kids who meet their goals.

WHERE:

WHEN:

COST:

HOW TO SIGN UP:

RUNNER INFORMATION:

[NAME]

[GRADE LEVEL]

[SHIRT SIZE]   YS   YM   YL   AS   AM   AL   AXL

COACH CONTACT:

[NAME]

[PHONE]

[EMAIL]

**MARATHON  
KIDS**

VISIT: [WWW.MARATHONKIDS.ORG](http://WWW.MARATHONKIDS.ORG) OR CALL: 512-477-1259 TO LEARN MORE